

# TIGER TALES

Mt. Tabor Elementary School



Week of August 28, 2023

Established in 1928

## Important Dates & Events:

**September 4:** Labor Day– *NO SCHOOL*

## A Note From Mr. Hughes:

The first cross country meet is on Thursday, August 31st at Community Park at 5:30 p.m. The 2nd graders run first, followed by 3rd and 4th grade girls, and finishing up with 3rd and 4th grade boys. There is practice after school on Tuesday, August 29th. Practice ends at 3:45 p.m. Go Tigers!

On Tuesday, September 26th 6:30-7:30 p.m. our PTO is hosting Sweet Treats with Grandparents. Please make plans to join us on this special evening for our students and their grandparents. The next PTO meeting is on Tuesday, September 12th at 6 p.m.

Progress reports for the first quarter will be sent home with students on Thursday, September, 7th. A reminder there is no school on Monday, September 4th due to the Labor Day holiday.

Have a wonderful weekend!

## Weekly Lunch Menu

### Monday:

- Italian Beef Pepperoni Calzone
- Three Cheese Calzone
- Seasoned Baby Lima Beans
- Fresh Fruit

### Tuesday:

- Walking Taco
- Walking Chicken Taco
- Steamed Corn
- Fresh Fruit

### Wednesday:

- General Tso Chicken w/ Fried Rice
- Cheese Pizza
- Orange Glazed Carrots
- Fresh Fruit

### Thursday:

- Honey BBQ Rib Sandwich
- Bento Box– Hummus & Veggies
- Vegetarian Beans
- Creamy Coleslaw
- Fresh Fruit

### Friday:

- PB&J Uncrustable
- Seasoned French Fry Wedges
- Fresh Fruit

### Offered Daily:

PB&J Sandwich, Side Garden Salad & Choice of Milk.

## School Contact Information

**Principal:** Scott Hughes

**Assistant Principal:** Tim French

**Office:** (812) 542-5507

**Attendance:** (812) 542-7302

**Safe School Hotline:** (812) 542-2230

**Transportation:** (812) 542-4707

**Tech Support:** (812) 542-4700



# Mr. French's Corner

**A B C**s Of Student Success

**C** is for CHOICES.

According to Jim Fay, author of *Becoming a Love and Logic Parent*, giving children choices is more effective than making demands. He suggests...

- Never give choices if it might cause problems for you or anyone else.
- Give only two options for each choice, both equally okay with you. For example, *Would you like peas or carrots?* or *Do you want to do homework now or in 15 minutes?*
- If the child doesn't decide within 10 seconds, make the choice for him or her.

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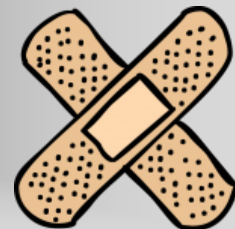
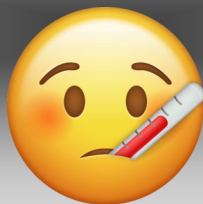
Find & Color the Following Items:



Look & Find Coloring Page



# Health Office Notes:



**Please note that:**

**The Health office is now located in the main office.**



Please Turn in your Health Care Action Plans if your student requires medication or medical intervention by the school nurse. Please Contact the health office if your child has an allergy or requires emergency medication and you have not had a healthcare action plan completed.

If you are new to Mt. Tabor and have not turned in an immunization record, or need a Religious Objection form completed, please contact the health office. 20 Day letters will be going home this week and you will have until Mid- September to turn in all updated / new immunizations.

We appreciate all you do to help keep our Tigers safe!

Allison Nestor, RN School Nurse

**Phone:** 812-981-7653

**Fax:** 812-542-4742



# Reminder

If dropping your child off at school after 8am, you must bring them to the main entrance (Door #1) and sign them in at the Welcome Center. Please do not send them in unattended.

Thank you,  
Mt. Tabor Office



*Who will feed the kids this weekend?*

**On Saturday, November 4th, Blessings in a Backpack Floyd County will be hosting our 3rd Annual Be A Blessing 5K & 1M Fun Run at Sam Peden Community Park at 9:00AM. This is our largest**

**community event. Each race registration and every sponsorship will assist in providing food for over 1700 pre-K through 6th grade NAFCS students on the weekends. Join us & together we can outpace childhood hunger.**

As you may be aware, Blessings in a Backpack Floyd County is dedicated to alleviating childhood hunger in Floyd County, Indiana. Just under 1 in 6 Floyd County children face food insecurity. When school dismisses on Friday, 30% of NAFCS pre-k through 6th grade students would leave their classroom unsure of whether they will have enough to eat until school starts again next Monday, if not for the work of Blessings in a Backpack Floyd County.

The Be A Blessing 5K & 1M Fun Run is a family friendly event where you can walk, jog, run, or stroll the course at your own pace. It is one lap around the paved lake path at Sam Peden Community Park for those who are choosing to do the 1M and three laps for those wanting to do the 5K. The race is open to all abilities and is not timed.

You can register as an individual or team. All participants will receive an event t-shirt and finisher's medal. We also have a largest team award for the team with the most participants. Last year, Slate Run Elementary won the largest team award - will your school's team be this year's winner? To assist you in organizing your school's team, we have a special \$10 off all adult registrations coupon specifically for your staff, faculty and PTO. Your discount code is MTE2023 to be used at checkout. Code expires 9/30/2023.

We hope you will join us at the Be A Blessing 5K & 1M Fun Run on Nov. 4th to run to help feed food-insecure children in Floyd County on the weekends and raise awareness of the needs of our local children. Start your team today at <https://www.raceentry.com/be-a-blessing-5k/race-information>

If you have any questions, please reach out to us at [floydcountyblessings@gmail.com](mailto:floydcountyblessings@gmail.com)

girl scouts  
of kentuckiana

## Your Year of Adventure

- ✓ Hike to the highest point in your town.
- ✓ Learn a new outdoor skill.
- ✓ Take on challenges with confidence.

Discover adventure of how Life's S'more Fun in Girl Scouts on  
August 28<sup>th</sup> 6:30-7:30pm at Sam Peden Community Park,  
3037 Grant Line in New Albany

Or August 31<sup>st</sup> 6:30-7:30pm at Garry E Caven Park Shelter #1  
6485 Corydon Ridge Road in Georgetown, IN

Find out how to get started with Girl Scouts at a FREE recruitment event! You'll leave with your own pair of Girl Scout sunglasses, draw string bag, and a color-changing cup. Bring your grown-up(s) along.

Be a Girl Scout

Can't make it?  
Scan to find more  
events in your area!





**LifeSpring**  
Health Systems

## New Albany High School Student Health Center



Services now  
available to any  
NAFC Schools  
faculty and  
staff!

*Same Day  
Appointments  
Available!*

**812-981-7452**

### Services Available:

- Testing for COVID, Strep, and Influenza, among others
- Ability to see the Nurse Practitioner who is able to treat and prescribe medications and have them sent to your pharmacy as appropriate
- Sports Physicals
- Sick Visits

### How can I sign my child up to see a Nurse Practitioner?

#### **Online**

- Go to [www.lifespringhealthsystems.org](http://www.lifespringhealthsystems.org)
- On the drop down menu in the top right corner of the page, click on "Intake Paperwork", then click on "School Based Health Services Intake". Complete all steps of the web-based form.
- If your student does not have an immediate need to be seen, but you would like to have the paperwork on file for future use: on the last question about what issues are going on, just type "submitting this for future use, if needed."

#### **In person**

- Parents/guardians may come by our office to fill out paperwork in person at any time (We are located down the hall from the main entrance, next to the nurse's office.)

**Insurance accepted, but not required. A sliding fee scale is available. No one will be turned away.**

*No payment required at time of service*

**AVAILABLE FROM 7:00 AM - 3:30 PM MONDAY THROUGH FRIDAY,  
WHEN SCHOOL IS IN SESSION**



# MOTION STUDIO

Check out all of our preschool offerings!

## 4-WEEK SESSIONS

SESSION #1 September 11 - October 7  
SESSION #2 November 6-27

\$65 per 4 week session  
NO REGISTRATION FEE\* [a \$45 value]

### DISCOVER DANCE

Ages 3-5  
Mondays 3:45-4:15 pm

Discover dance in this 4-week class. This class is great first step for dancers interested in giving dance a try!

Our Discover Dance class is a ballet based creative movement class designed to enhance coordination, balance, motor skills and listening skills, practice positive self-expression, following directions, and cooperating in a group setting.

## SEMESTER CLASSES

Join us for classes all year and finish each semester with a recital on stage!

### AGES 3-5

#### PRESCHOOL DANCE

Wed. 5:00-5:30 pm  
Thurs. 4:45-5:15 pm  
Sat. 9:15-9:45 am

#### PRESCHOOL TUMBLING

Wed. 5:30-6:00 pm

### AGES 4-6

#### KINDER BALLET/TAP COMBO

Tues. 4:45-5:30 pm  
Thurs. 4:00-4:45 pm  
Sat. 9:45-10:30 am

#### KINDER ACRO

Tues. 5:30-6:00 pm  
Sat. 10:30-11:00 am

#### Happy Hip Hop

Tues. 6:00-6:30 pm



LEARN MORE



4-WEEK

Learn more about all our class offerings and register at [motionstudioonline.com](http://motionstudioonline.com)

3211 Grant Line Rd. #13 | New Albany, IN 47150  
(812) 207-4434

LEARN MORE



SEMESTER



# Floyd County Head Start Birth to Five

A FREE Early Childhood Education  
Program

## You May Qualify!

SNAP, TANF, SSI  
Foster or Homeless  
Income below poverty  
level

Apply with your Phone

Or Visit [www.fchsbirth2five.com](http://www.fchsbirth2five.com)

(812) 948-6981

(Se Habla Español)



Floyd County Head Start Birth-to-Five

Child Care Academy 111 First Street • HealthFair.com • Adult Center 600 First Street

SCAN ME



# SWIM LESSONS

## Fall 2023

Riverside Swim School, an affiliate of Riverside Aquatic Club, is offering fall swim lessons at Highland Hills Middle School.

### TO REGISTER:

Visit [RiversideAquaticClub.com](http://RiversideAquaticClub.com) and click on the "Swim Lessons" tab.

Registration will open **Friday August 11.**

### FOR INFORMATION:

Contact Anna Perkins  
[RiversideSwimSchool@gmail.com](mailto:RiversideSwimSchool@gmail.com)  
(502) 833-8251

### OUR PROGRAM

- 2-4 swimmers per instructor
- 4-week sessions in the evening
- Swimmers must be at least 3 years old and potty trained.

### FALL SESSION – SEPTEMBER Time Slots – 5:30 or 6:30 PM

#### Monday/Wednesday

Dates: September 6, 8, 11, 13, 18, 20,  
25, 27

#### Tuesday/Thursday

Dates: September 5, 7, 12, 14, 19, 21,  
26, 28

\*Please note, for our Mon/Wed classes, we will not have lessons on Labor Day. We will do lessons Wed/Fri for that week ONLY!

# \$110

for 8 lessons