TIGER TALES

Mt. Tabor Elementary School



Important Dates & Events:

17– End of Chocolate Sales22– 2nd Grade Field Trip23– Science Fair

A Note From Mr. Hughes:

The PTO World's Finest Chocolate fundraiser has been extended to Wednesday, March 1st. We still have thirty-three boxes of chocolate left. Please do not allow your student to sell door-to-door or to strangers. Thanks for supporting our awesome PTO!

A reminder that if your student is a car rider, they must be droppedoff/picked-up in the car rider line. The car rider line entrance is off of Mt. Tabor Road between the baseball field and lower parking lot. The upper level is for school busses and daycare vans only. Please do not drop-off/pick-up students at the walker path. Students arriving after 8 a.m. are considered late and must be signed in by the parent at our welcome center (main entrance – door #1). Thanks for your help keeping our students safe.

The Mt. Tabor Science Fair is on Thursday, February 23rd. There will be an awards program that evening at 6:00 p.m. recognizing the top three finishers in each grade level. The district science fair will be held on Thursday, April 6th. Thirty-one more days until spring! Have a great weekend!

Week of February 20, 2023 Established in 1928

Weekly Lunch Menu

Monday

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- Crispy Chicken Sandwich
- Ultimate Three Cheese Mac
- French Fry Wedges
- Baby Carrots
- Fresh Fruit

Tuesday:

- Broccoli & Cheddar Soup
- Crunchy Drumstick
- Seasoned Baby Lima Beans
- Winter Broccoli Salad
- Fresh Fruit

Wednesday:

- Chicken Pot Pie
- Crispy Chicken Salad
- Ranch Mashed Potatoes
- Glazed Carrots
- Fresh Fruit

Thursday:

- Chicken Parmesan w/ Noodles
- Bosco Cheese Sticks
- Cheesy Broccoli
- Red Bell Pepper Strips
- Fresh Fruit

Friday:

- Fish Sticks
- Homestyle Chicken & Waffles
- Hashbrown
- Cucumber Slices
- Fresh Fruit

Offered Daily:

PB&J Sandwich, Side Garden Salad & Choice of Milk.

School Contact Information Principal: Scott Hughes Assistant Principal: Tim French Office: (812) 542-5507 Attendance: (812) 542-7302

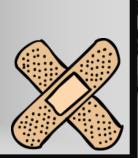
Attendance: (812) 542-7302 Safe School Hotline: (812) 542-2230

Transportation: (812) 542-4707 **Tech Support:** (812) 542-4700



Health Office Notes:

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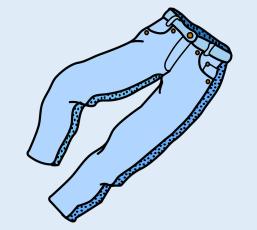


Pants Donations Needed

The Health office is need of boys and girls pants size 7-16.

We do NOT need any shirts or shorts at this time.

Thank you in advance for your donations.







Covid Concerns

Please call the health office if your student or anyone in the home has potential symptoms of Covid and are considering a test OR if you have a pending test. We can help you determine whether or not your student should attend school.

Please report any positive students as soon as possible to our **NEW COVID HOTLINE: (812) 542-2270.**

You can call the nurse at (812) 981-7653 or email at anestor@nafcs.org if you have any questions.

We appreciate all you do to help keep our Tigers safe!

-Allison Nestor, RN

09.

A note from your school nurse: Allison Nestor, RN

Flu season is here!! Get your Flu shot now!! And everyone needs to practice healthy habits to stay well. Besides eating nutritious foods and getting enough rest, hand washing is one of the best ways to prevent the spread of germs at home and school. Please remind your children to wash their hands with warm, soapy water before eating, after using the restroom and anytime they blow their nose or sneeze. **If your child does become ill, please keep him or her at home until they are free of fever for 24 hours without the aid of medication (Tylenol/Ibuprofen). A temperature of 100.4 or higher is considered a fever.** If your child tests positive for Covid-19 please contact the hotline at **812-542-2270** for further instructions. Students should also remain at home for recent vomiting or diarrhea (3 or more loose stools in 24 hours). Students diagnosed with strep throat should stay home until they have been on antibiotics for 24 hours. This helps prevent the spread of illness. Always call your healthcare provider if the symptoms have not improved after a few days. Thank you!









PTO REMINDERS

60

BAR

We'll be selling... \$1 BAR VARIETY PACK

\$1

FACH

What's inside?

- Almond Bars
- Dark Chocolate Bars
- W.F. Crisp® Bars
- Milk Chocolate Bars
- Caramel Bars
- Wafer Bars











Please help our school be full of kindness this month! You can also do acts of kindness at home and/or daycare too. We have some special dress up days planned for "Random Act of Kindness Week".

Thanks, Mt. Tabor Student Council

Thanks, Mt. Tabor Student Council					
	Monday	Tuesday	Wednesday	Thursday	Friday
sprea	ud kindness		⊦ Think, speak, and act positive to yourself and others	2- say thank you to the aduit that gets you to school	3- make someone laugh
PE VEDA Tekus Screenson	6- play with someone new at recess	7- help a classmate with their work	8- help clean up your classroom	9- speak only kind words to others and yourself	10-let someone go ahead of you in line
Kindness Week: ACTS OF KINDNESS		H- hold the door For economic Love Kindhees- weer real or ptris	5- compliment someotie in class Composition Present of Kindness ky weathing your pajamen	K- ett with scoractis new Hets off to Kninep- wear your fevorite hat	It- National Retaining Act of Knows Day- do something rice without something rice without something for a something Knowing Counts- wear anything with a rusting
KANDAVESS CHAMGES EVERYTHING	20- show Kindness to the custodians by cleaning up any trash you see	21- look for someone having a rough day and show them kindness	22- show Kindness to a teacher by listening and following directions	23- be kind to yourself, remind yourself that you're doing you'r best	2.4- say please and thank you to all the lunchroom adults
BE KIND	27- write a note or color a picture for a friend	28- tell someone that they are doing a great job		Rodu KINDNESS	Knalatier Malajis



New Albany High School **Student Health Center**



Services Available:

- Testing for COVID, Strep, and Influenza, among others
- Ability to see the Nurse Practitioner who is able to treat and prescribe medications and have them sent to your pharmacy as appropriate
- Sports Physicals
- Sick Visits

Same Day Appointments Available!

812-981-7452

How can I sign my child up to see a Nurse Practitioner?

Online

Go to www.lifespring healthsystems.org

Staff!

- On the drop down menu in the top right corner of the page, click on "Intake Paperwork", then click on "School Based Health Services Intake". Complete all steps of the webbased form.
- If your student does not have an immediate need to be seen, but you would like to have the paperwork on file for future use: on the last question about what issues are going on, just type "submitting this for future use, if needed."

In person

 Parents/guardians may come by our office to fill out paperwork in person at any time (We are located down the hall from the main entrance, next to the nurse's office.)

Insurance accepted, but not required. A sliding fee scale is available. No one will be turned away.

No payment required at time of service

AVAILABLE FROM 7:00 AM - 3:30 PM MONDAY THROUGH FRIDAY, WHEN SCHOOL IS IN SESSION



FLOYD COUNTY SWIM CLUB

Summer is fast approaching and so is summer swim season! Summer swim is all about growing as a swimmer and having fun! Registration opens February 28 for the 2023 team.

Head Coach: Kitty Cline

Registration fees are \$115 for the first swimmer and \$90 each additional swimmer. This fee includes a tshirt, swim cap, weekly practices, weekly meets and Champs fees.

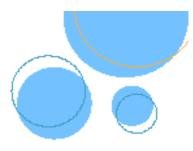
Registration deadline is May 12.

Contact us at <u>FloydCountyHurricanes@gmail.com</u> for more information Register on our website <u>floydcountyhurricanes.com</u>

Visit us on Facebook

*Practices will be held at Hazelwood Middle School and all swim meets will be held at our SISA opponent's pool.





SWIM LESSONS Spring 2023

Riverside Swim School, an affiliate of Riverside Aquatic Club, is offering spring swim lessons at Highland Hills Middle School.

TO REGISTER: Visit RiversideAquaticClub.com and click on the "Swim Lessons" tab. Registration will open February 20.

FOR INFORMATION:

Contact Anna Perkins RiversideSwimSchool@gmail.com (502) 833-8251



OUR PROGRAM

- 2-4 swimmers per instructor
- 4-week sessions in the evening
- Swimmers must be at least 3 years old and potty trained.

SPRING SESSION 1 - APRIL Monday/Wednesday Dates: April 3, 5, 10, 12, 17, 19, 24, 26

Tuesday/Thursday Dates: April 4, 6, 11, 13, 18, 20, 25, 27

SPRING SESSION 2 - MAY

Monday/Wednesday Dates: May 1, 3, 8, 10, 15, 17, 22, 24

Tuesday/Thursday Dates: May 2, 4, 9, 11, 16, 18, 23, 25